

HEALTH VIEWS

NEW TREATMENT FOR SCARS- AND ITS EASY AND CHEAP

Q. I just got over a bad spell of acne and I have some new pink scars that are indented. My acne medicine is working, but what can I do for the scars ?

A. It's the new millennium, right? Everything new in Health Care, has to be exorbitantly priced, right? Pills that were 30 cents, are now priced at \$3 a pill, etc., etc.

Well, hold on to something and brace yourself, but there is something new and non-prescription, and inexpensive for scars.

It's called Neosporin Scar Solution TM. It's silicone sheeting technology, but now it's easily available in stores, and easy to use. Silicone sheeting has been around for several years, and dermatologists know that it works quite well. However, it has been expensive, difficult to obtain, and terribly underutilized. It is a patch worn at night over a scar, which over a period of time, causes scars to significantly, soften, smooth and improve. Early atrophic (depressed) scars from acne can fade very nicely. We recommend any teenager who has new depressed small red scars from a recent siege of acne, to immediately begin using the Neosporin silicone patch. The earlier and newer the acne scars, the better they will improve. People who have a new scar from surgery or trauma, should also use this technology. It can be used on any part of the body.

For teenagers or adults who have experienced recent scarring, we also have been hitting their scars with two treatments of Intense Pulsed Light, a month apart. This further helps reduce redness and promotes remodeling of collagen.

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